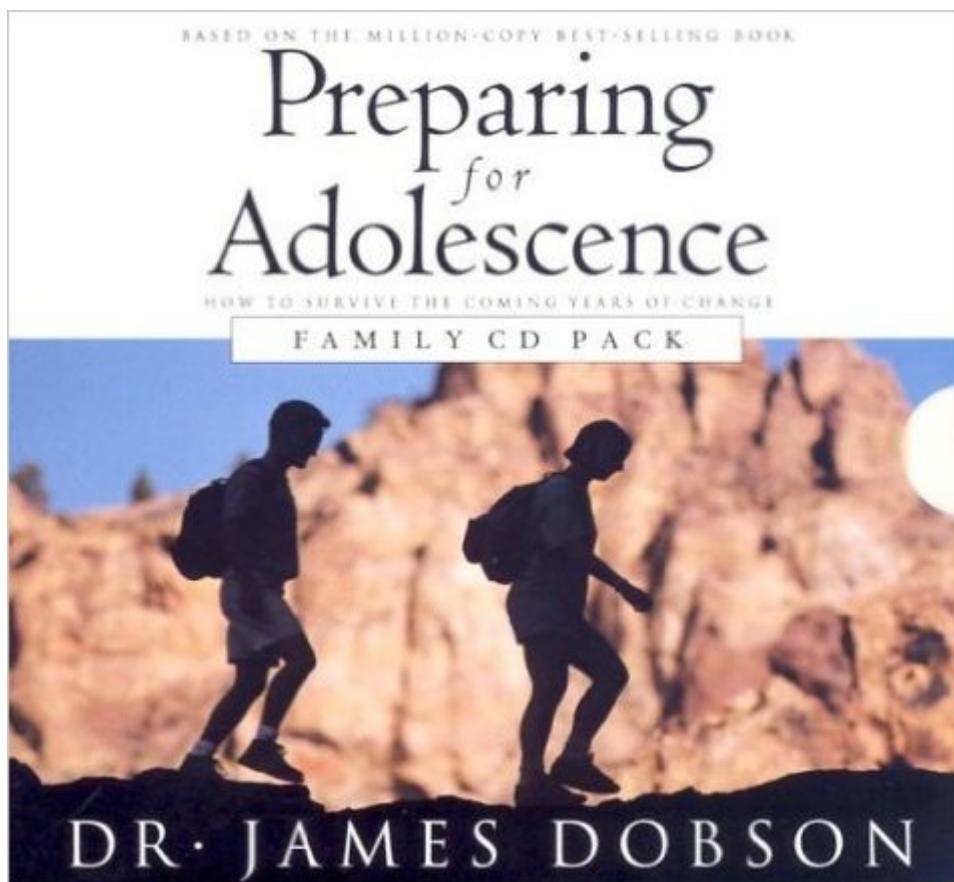


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# Preparing For Adolescence



## Synopsis

What do you say to an adolescent who's getting ready to enter those turbulent teenage years? Dr. James Dobson, one of America's leading family psychologists, knows how to speak directly and sincerely to adolescents, about the topics that trouble them most. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Audio CD

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Average Customer Review: 4.4 out of 5 starsÂ  [See all reviewsÂ \(87 customer reviews\)](#)

Best Sellers Rank: #244,999 in Books (See Top 100 in Books) #7 inÂ Books > Books on CD > Parenting & Families > Parenting #159 inÂ Books > Books on CD > Religion & Spirituality > Christianity #361 inÂ Books > Christian Books & Bibles > Education > Adult

## Customer Reviews

This is the 8 CD Package Family CD Pack. I don't know why they added the word "abridged" to the title but it includes everything that was on the cassette tape set. Here's the contents -CD 1 - for parents, with guidelines on what to expect and what to say.CDs 2-7 - for young people ages 9 to 14, covering important topics.CD 8 - for parents to listen to first, with answers to the questions young people ask. This is a \*great\* series created by a man who is a medical doctor, a family counselor, a father and a Biblically based Christian. This series covers \*everything\* to help your child (and yourself) survive the approaching adolescent storms.

My mom bought me this book about 13 years ago. I was just about to push into my early teen years, and I really had no clue what to expect. I read this book, and I although I couldn't relate to everything in it at the time, it was presented in a clear, logical and Godly way. As the years went by, I began to relate more and more to Dr. Dobson's words, and I recalled his suggestions often. Now, I'm buying this for my much younger sister as she begins her trip into her teen years.

My wife took our 10 year old daughter (5 years ago, shopping trip), and I took my 11 year old son (1 year ago, snowmobiling) on overnights, as suggested. Our kids considered it a rite of passage and looked forward to the trips with great anticipation. Dobson teaches about the many changes of adolescence, which has helped each of our teens to avoid the many pitfalls of that age (so far!). We have loaned the tapes to many friends, and each have been pleased with the experience. Many ask when to do this trip with their child. Dobson recommends right before puberty- when the child will still think sex is "gross", but old enough to have interest and understand. This sure beats the talks our parents had with us!

I have two boys who are thirteen and nine years old. I also teach a preadolescent sunday school class for my church. I read the book and began immediately encouraging my oldest son to read it also. As a thirteen year old boy, he had more important things to do than read a book his dad recommended, so I bought the teaching guide and taught it to my sunday school class. We are now exploring other areas, but every time we cross a subject that we studied in the book, the kids remind me where that came from and which of the symptoms the person in question is suffering from. This book has helped a great deal with my children as well as other children in my sunday school class. Parents have even asked me where I gained the courage to teach the book and thank me for doing something that they felt was to touchy a subject for them to take on. thank you Dr. Dobson for having the insight to write this and your other books.

This book provides indispensable advice and education for the parent and pre-teen. When I was entering adolescence, my parents gave me this book. I cannot describe what a relief it was to learn that I wasn't weird and that the feelings I was having and the stage I was entering were normal. A must-read for all Christian families on the brink of the teenage years.

What parent is prepared for the roller coaster ride of adolescence when their first child starts "growing up"? I thought I wouldn't have to think about it until my child was 13! Ha! The moodiness has already started -- at 10! I enjoyed this book by Dr. Dobson, a well known & trusted author. The book helps the parent see this phase from the child's perspective and is written in a style the child can relate to. It assists them in trying to make sense of it all. It offers the child a preview of what to expect as radical physical and emotional changes begin and suggestions of how to handle them with practical common sense and their faith. The section addressing the "facts of life" is respectful, frank and thorough, but only offers age appropriate "details". It is appropriate enough for a 10 year

old. The book cover-to-cover may not keep the attention of a 10-12 year old who is accustomed to reading "action" type books, but if they are searching for answers, it's all there. Whether you buy the book for guidance as a parent, for your child to read, or as a tool to open up discussion on these topics, it is a worthwhile purchase.

This book is written to 10-12 year-olds and covers self-esteem, feelings of inferiority, peer-pressure, body changes, romantic love, and emotions. I just finished reading it to my sons. It provoked many questions and good conversations. I guess most everyone either loves or hates Dr. Dobson, but this book is just solid preparation for the teen-age years. Other than a couple of overt calls to faith in Christ, the book could be extremely helpful for a parent of any faith to use to help their children get ready for the challenges of adolescence. After all, there's not Christian puberty and Buddhist puberty. The problems addressed are universal.

I am 11 and this book has helped me tremendously. I believe it has saved me a lot of trouble in the future. Even the delicate subjects are explained in a way that does not make you shudder. James has written many other great books. My mom has brought up boys. It was hard to put this book down. I read it in 3 days. It is the best six dollars and forty four cents I have ever spent.

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